

希瑪眼科



### 《眼罩使用說明書》

Eye Mask Wearing Instructions

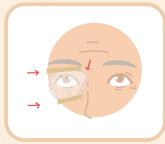
## **Usage Period**



#### 一般術後連續使用一星期,睡覺前戴上

Typically used continuously for one week after surgery, wear before going to sleep.

# **Wearing Technique**



#### 照顧者協助病人坐於椅上或床上,頭略向後傾 眼罩尖指向眉心,於眼罩上下方邊緣 用1條醫生紙膠布固定於臉上,小心膠布不要遮蓋病人視線

The caregiver assists the patient in sitting on a chair or lying in bed with the head slightly tilted backward. The pointed end of the eye mask should be directed towards the center of the forehead. Use one piece of medical adhesive tape on the upper and lower edges of the eye mask to secure it to the face, being careful not to obstruct the patient's vision.

## **Removal Technique**



#### 照顧者協助病人坐於椅上或床上,頭略向後傾 需以輕力慢慢地撕下紙膠布。眼罩可重覆使用

The caregiver assists the patient in sitting on a chair or lying in bed with the head slightly tiltde backward. Gently and slowly tear off the adhesive tape. The eye mask can be reused.

**Cleaning Method** for the Eye Mask



#### 可用凍開水沖洗再擦乾

Rinse with boiled water and wipe dry.



### 請記住,以上提供的說明僅為一般指導,實際的眼疾護理 程序應根據醫生的建議和特定手術的要求進行 如果您有任何疑問或需要進一步的指導,請向醫生尋求幫助

Please note that the provided instructions are general guidelines. The actual eye care procedures should be followed based on the advice of the doctor and the specific requirements of the surgery. If you have any questions or need further guidance, please seek assistance from your doctor.