



## 眼藥水使用方法

Instructions For Using Eye Drops

1



用肥皂／視液徹底洗淨雙手。

Wash your hands with soap thoroughly.

2



眼藥水

EYE DROP



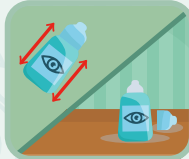
有效期

Expiry Date

核對藥名及有效期。

Verify medication name and expiry date.

3



如有需要輕輕搖勻眼藥水。打開眼藥水瓶蓋，注意不要接觸滴咀及檢查滴咀有否受損。

Shake the bottle of drops if necessary. Remove the cap without touching the dropper tip and check the dropper tip to make sure that it is not chipped or cracked.

4



將頭仰後，眼向上望，輕輕把下眼皮拉開成一袋形。

Tilt your head backwards and look upwards. Gently pull down the lower eyelid to form a pocket.

5



將眼藥水滴入眼袋內。切勿讓滴咀接觸到眼睛，睫毛或眼皮，以免弄傷眼睛及染污滴咀。

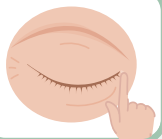
Instill the eye drops into the pocket. Do not let the dropper touch your eye, eyelashes or eyelid to avoid eye injury and contamination of the tip.



## 眼藥水使用方法

Instructions For Using Eye Drops

6



閉上眼睛，用手指輕壓在眼角近鼻樑處數分鐘，防止眼藥水從眼睛流至鼻腔及喉嚨。

Close your eyes and gently press against the inner corner of your eye with your fingers for a few minutes to prevent the drops from draining into your nose or throat.

7



用乾淨紙巾拭去流出眼外多餘的水份。

Wipe away any excess liquid around your eye with a clean tissue.

8



不要沖洗或抹乾滴咀，用藥後立即把眼藥水蓋好。

Do not wash or wipe the tip. Place the cap back to the bottle and tighten it right away.



### 注意事項

#### Precautions

- 如有配戴隱形眼鏡，須在使用眼藥水前將其取下。在使用眼藥水最少15分鐘後，才配戴隱形眼鏡。  
If you are wearing contact lenses, remove them before applying the eye drops. After applying the eye drops, wait at least 15 minutes before wearing contact lenses.
- 如需於同一眼睛使用兩種不同的眼藥水或眼藥膏，兩者之間應相隔數分鐘。  
If you are using two different eye drops or eye ointments for the same eye, apply them a few minutes apart.
- 切勿使用已變色、變壞或過期的眼藥水。  
Never use discoloured, deteriorated or expired eye drops.

謹記以上提供的說明僅為一般指導，實際的眼疾護理程序應根據醫生的建議和特定手術的要求進行。如有疑問或需要進一步的指導，請向醫生查詢。

Please note that the instructions provided above are for general guidance only, and the actual eye care procedure should be carried out according to the doctor's advice and the requirements of the specific procedure. If in doubt or need further guidance, please consult your doctor.