





《完成眼科手術後洗澡安排》

Postoperative Bathing Guidelines for Ophthalmic Surgery



術後當天一般都不建議洗頭。

It is generally not recommended to wash your hair on the day of the surgery.



洗澡時要注意切勿沾濕紗布。

During showering, be careful not to wet the eye dressing.



手術後一週內盡量不要俯身洗頭, 以免污水濺入眼內引起感染。

Avoid bending over to wash your hair within the first week after surgery to prevent contaminated water from entering the eyes and causing infection.



洗頭前後可分別用抗生素眼藥水。

Before and after washing your hair, you can use antibiotic eye drops.



可戴上泳鏡以作保護。

Wearing swim goggles can also provide protection.



請記住,以上提供的說明僅為一般指導,實際的眼疾護理程序應 根據醫生的建議和特定手術的要求進行。如果您有任何疑問或需 要進一步的指導,請向醫生尋求幫助。

Please note that the provided instructions are general guidelines. The actual eye careprocedures should be followed based on the advice of the doctor and the specific requirements of the surgery. If you have any questions or need further guidance, please seek assistance from your doctor.